

Read 1 Thessalonians 5:16-18

After hearing more of Paul's life, is it surprising to you that he says to "rejoice always, pray continually, and give thanks in all circumstances"?

Do you think that it is possible to do this?

What is it going to take for you to do this?

What are some things that you can always be thankful for, regardless of your circumstances?

What is an outcome of being thankful in the cave? Why is it important?

Take some time at the end of small group to say prayers of thanksgiving to God.

Taking it home...

This week, when you find yourself tempted to complain, say a "thank you" to God or share one reason that you're thankful with someone else. If you're finding it difficult to be thankful, consider how clinging to Christ might help.

Giving Thanks When You're In the Cave

Four Keys from Colossians

11/28/10

How can we be thankful during life's cave experiences?

Cling to Christ _____.

God fills our hearts with His _____ through prayer.

Cling to Christ _____.

Our faith is like _____ that keep us _____.

Cling to Christ _____.

True _____ can only be found in _____.

Cling to Christ _____.